



GRT COLLEGE & SCHOOL OF NURSING

GRT Mahalakshmi Nagar, Chennai -Tirupathi Highway, Tiruttani-631209

NEWS LETTER UPACHAARIKA SUCHANA



Issue-23, Monthly, December 2025

CHIEF PATRONS

Shri. G RAJENDRAN
Chairman

Shri. G R ANANDHAPADMANABHAN

Shri. G R RADHAKRISHNAN

Managing Directors
GRT Group of Educational Institutions

PATRONS

Dr. S ARUMUGAM

Dean i/c

Dr. N LAKSHMI NARASIMHAN

Vice President (Industry Institute Partnership)
GRT Group of Educational Institutions

Dr. R PADMAVATHI

Principal
GRT College of Nursing

EDITOR IN CHIEF

Dr. R PADMAVATHI

Principal
GRT College of Nursing

CO-EDITORS

Dr. W ANGEL SHALINI

Professor

Mrs. S SIVARANJANI

Asst. Professor

Mrs. A JOYCE

Asst. Professor
GRT College of Nursing

SNA EDITORIAL OFFICE BEARERS

Ms. KANIMOZHI A

Chairperson

Ms. GOMATHI B

Asst. Chairperson

MESSAGE FROM PRINCIPAL'S DESK

I feel it as a great honor to write this message for the release of 23rd issue of GRT CON News letter Upacharika Suchana which is released on 01.01.2026. I congratulate the entire team for its continuous and sustained efforts in capturing an admirable kaleidoscopic view of collaborative journey of strivings and accomplishments of students and faculty members.

December is a month filled with joy, reflection, and gratitude, culminating in the celebration of Christmas - a festival that symbolizes love, hope, peace, and selfless service. At our College of Nursing, this season holds special significance as it reflects the core values of the nursing profession: compassion, dedication, and care for humanity.

The Christmas celebration on our campus brings together students, faculty, and staff in a spirit of unity and fellowship. I deeply appreciate the enthusiasm and creativity shown by our students and the dedicated efforts of our faculty in making this celebration meaningful and memorable. Such occasions foster cultural harmony, emotional well-being, and a sense of belonging within our academic community.

As we welcome the joy of Christmas and prepare to step into a new year, let us renew our commitment to serving society with empathy, professionalism, and integrity.

May this festive season inspire us to spread kindness, strengthen our faith in humanity, and continue our mission of healing and service.

I extend my warm Christmas greetings and best wishes for a happy, healthy, and prosperous New Year to all.



SPOTLIGHTS

MESSAGE FROM PRINCIPAL'S DESK

NEWS AND EVENTS

DEVELOPMENTAL ACTIVITIES

• STUDENTS

• FACULTY MEMBERS

BEYOND CLASSROOM

UPCOMING EVENTS

- ♦ Pongal celebration (SNA)
- ♦ National Youth Day (YRC, IIC, CCC, RRC)
- ♦ Republic day (SNA, NSS)
- ♦ National Startup Day (IIC)
- ♦ World Leprosy Eradication Day (SNA)
- ♦ Naan Mudhalvan Training
- ♦ National Voter's Day (NSS)
- ♦ Placement Drive
- ♦ Martyr's Day (NSS)
- ♦ PTA Meeting

Contact us

Mail: grtcon@grt.edu.in

Website: www.grtnursing.com

Tel: 044-270880749

“BE A VOICE NOT AN ECHO”



NEWS AND EVENTS

1. MEGA MEDICAL CAMP

On 20.12.2025, the second year 22 ANM students along with Clinical Instructor Mrs. Swathi actively participated in the Nalam Kakkum Stalin medical camp organized by District Health Office Tiruvallur district held at K.G. Kandigai Charles School. The students performed their duties efficiently, demonstrating good clinical skills, teamwork, and commitment to community health services, contributing to the successful conduct of the medical camp. Total number of beneficiaries were 700.

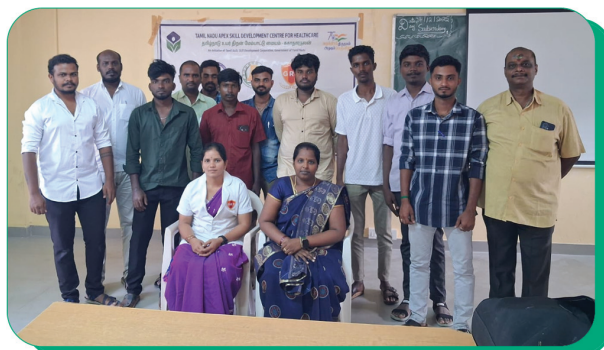


FIRST AID TRAINING

1. TAMILNADU APEX SKILL DEVELOPMENT CENTRE FOR HEALTH CARE

As a district training center, GRTCON is organizing FRT training monthly twice.

S.NO.	DATE	NO OF CANDIDATES TRAINED
1	11.12.2025	12 Candidates
2	30.12.2025	12 Candidates





DEVELOPMENTAL ACTIVITIES

STUDENT DEVELOPMENTAL ACTIVITIES

1. INTERNSHIP COMPLETION PROGRAM

On 15th December 2025 The Public health center (West Mambalam) conducted an internship completion program for B.Sc. Nursing final-year (internship) students. A total of 15 students attended the program. The Joint Secretary, Secretary, Vice President, along with AO, HR, Matron, and In-charges participated in this program. They explained about the hospital protocols, benefits for staff nurses like gratuity, pension, hostel facilities, and leave policies in detail. The students were motivated to join and serve in the hospital.



2. THANKSGIVING PROGRAMME

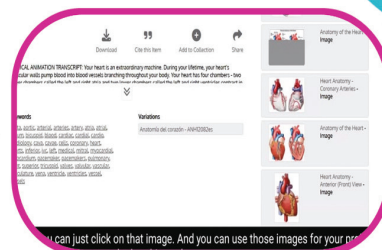
On 19.12.2025, Final year B.Sc. (N) students posted at Geri Care Hospital organized a Thanksgiving Programme to express their gratitude to the hospital team. The programme was graced by Mrs. Shanthi J., Nursing Director; Mrs. Sheela, Nursing Superintendent; and the HR team members Ms. Janani, Ms. Gayathri, and Nurse Educator Mrs. Janani. Our students felicitated the staff members with flower bouquets as a token of appreciation. The Nursing Director, Nursing Superintendent, other staff members, and elderly clients appreciated our students for their dedicated and compassionate service at Geri Care. They shared their feedback with Geri care team.





3. ONLINE ORIENTATION SESSION

On 19.12.2025 Our first year B.Sc nursing students attended the online orientation session focused on “Introduction to nursing evidence using TNMGRMU.” It involved the EBSCO CINAHL nursing collection, organized under the Tamil Nadu Dr. M.G.R. Medical University e Consortium. Students received guidance on accessing scholarly nursing resources and selecting appropriate journals. The session introduced the EBSCO platform to simplify research workflows, aiming to support better academic outcomes for the students. Our students actively participated in this session.



STAFF DEVELOPMENTAL ACTIVITIES

1.AWARENESS SESSION ON CLOUD STORAGE

An awareness session on Cloud Storage was organized as part of the Faculty Development Program on 08.12.2025. The session was conducted in the Conference Hall and was handled by Mr. Vamsi from the IT Department. He explained the concept of cloud storage and its usage effectively, covering important topics such as data security and practical methods of using cloud services.

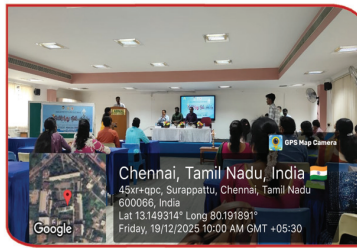
The session was interactive, with staff members actively participating and clarifying their doubts during the discussion. A total of 18 staff members attended the session offline, while 3 staff members joined through a Zoom link, reflecting the interest and enthusiasm of the faculty toward learning about cloud storage technologies.





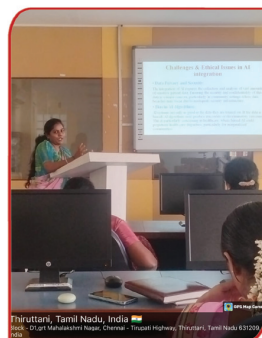
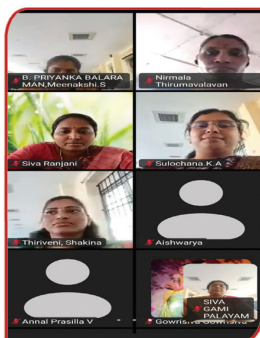
2. NIMIRNDHU NIL STUDENT MENTOR TRAINING PROGRAMME

A one-day Nimirndhu Nil Student Mentor Training Programme was successfully conducted at Velammal Engineering College, Surapet, on 19.12.2025. Dr. Angel Shalini and Mrs. Thilagavathi attended the programme. The session commenced with a welcome address by Dr. Baskar, followed by an overview of the programme by Dr. V. Manimaran. The inaugural session concluded with a vote of thanks by Mr. V. Rangarajan. The training sessions were handled by Mr. ShanmugaMariappan, District Programme Manager. The programme was interactive and informative, with a strong focus on mentoring skills, motivation, and personal development. At the end of the programme, certificates were distributed to all participants.



2. PROFESSIONAL DEVELOPMENT CLUB

S.No.	Date	Topic	Resource Person	Remarks
1	30.12.2025	Plagrism	Prof. Chitra A I	20 faculty members actively participated
2	30.12.2025	Integration of AI in Health care community	Mrs. Vinodhini M	



STAFF WELFARE PROGRAMME

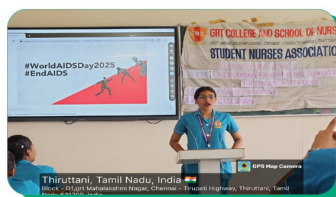
1. Birthday was celebrated for our faculty members Mrs. Priyanka Clinical Instructor & Mrs. Joyce A Assistant Professor by cutting the cake and special gift. All the faculty members enjoyed and felt touched.

BEYOND CLASSROOM

SNA ACTIVITIES

1. WORLD AIDS DAY

The Student Nurses' Association Organized World AIDS Day on 01.12.2025 at the II Year classroom, based on the theme "Overcoming Disruption, Transforming the AIDS Response." The program aimed to create awareness about HIV/AIDS and address myths related to the care of patients with AIDS. An awareness speech was delivered by Mrs. Kerith Evangelin Assistant Professor on HIV transmission, prevention, and patient care. Sixty, III Semester students actively participated and interacted enthusiastically during the session. The program helped enhance students' knowledge, clarified misconceptions, and reinforced their professional responsibility in providing compassionate and informed care to people living with HIV/AIDS.



2. CHRISTMAS DAY CELEBRATION

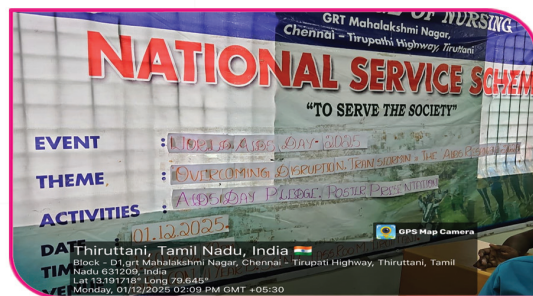
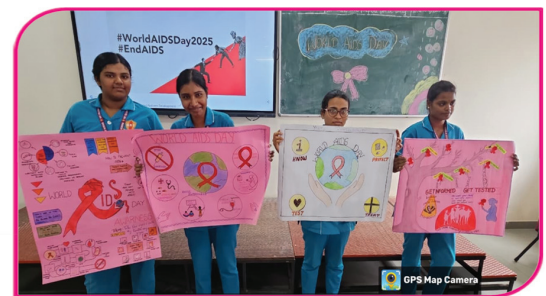
The Christmas Day Celebration - 2025 was organized by the Student Nurses Association on 19.12.2025 at GRT CON Auditorium. The programme began with a warm welcome address followed by a prayer song. Students presented a welcome dance, carol song, skit, dances, and songs, spreading joy and festive spirit. The arrival of Santa Claus delighted the gathering. The chief guest Rev. Sam Rufus, M. DIV. delivered an inspiring address. Faculty members also contributed with a song. Prizes were distributed to winners of the Card Making Competition. The celebration concluded with cake cutting, vote of thanks and cake distribution, making the event joyful and memorable. Nearly 350 students participated and enjoyed the program.



NSS ACTIVITIES

1. WORLD AIDS DAY

National Service Scheme (NSS) observed World AIDS Day 2025 on 01.12.2025 at GRT CON II Year B.Sc (N) classroom with the theme “Overcoming Disruption, Transforming the AIDS Response.” The programme included a poster presentation and AIDS Day pledge. Mrs. Lavanya, Assistant Professor, pronounced the pledge. Sixty III Semester B.Sc (N) students actively participated in the event. Students presented informative posters highlighting HIV/AIDS awareness, prevention, and care. The programme effectively enhanced awareness, encouraged student participation, and was conducted smoothly and successfully.



2. HUMAN RIGHTS DAY

Human Rights Day was observed on 10.12.2025 at GRT CON, B.Sc (N) V Semester classroom, organized by the National Service Scheme (NSS) with the theme “Human Rights, Our Everyday Essentials.” The programme included a slogan writing competition to promote awareness of human rights. A talk was delivered by Ms. Mahalakshmi, a B.Sc Nursing student, who emphasized the importance of human dignity, equality, and individual responsibilities. V Semester B.Sc Nursing students actively participated and presented creative slogans reflecting human rights values. The event successfully enhanced awareness, encouraged student involvement, and concluded in a meaningful and organized manner.

3. NATIONAL ENERGY CONSERVATION DAY

The GRT College of Nursing NSS Unit, in coordination with the Electricity Distribution Department, Tiruvallur District, observed National Energy Conservation Day on 17.12.2025 by organizing an awareness rally at Tiruttani. B.Sc. (N) I and III Year students (120 students) actively participated. The Rally aimed to create public awareness on the importance of energy conservation, efficient use of electricity, and sustainable practices. Students carried banners and placards with slogans like “Conserve Energy – Conserve Life” and “Save Electricity, Save the Nation.” The rally passed through major streets, engaging the public and promoting energy-saving habits.



YOUTH RED CROSS 1. WORLD AIDS DAY

World AIDS Day was observed on 02.12.2025 at Government Hospital, Tiruttani, organized by the Youth Red Cross with the theme “Overcoming Disruption, Transforming the AIDS Response.” The programme focused on an awareness speech regarding HIV and AIDS. A total of 30 members participated and benefited from the session. The awareness program emphasized modes of transmission, preventive measures, availability of treatment, and the importance of early diagnosis. Special importance was given to reducing stigma and discrimination toward people living with HIV/AIDS. The session was informative and interactive, helping participants gain correct knowledge and encouraging responsible attitudes toward HIV/AIDS prevention and care.





2. WORLD DISABLED DAY

World Disabled Day was observed on 04.12.2025 at GRT CON IV Floor, organized by the Youth Red Cross with the theme “Foster disability-inclusive societies for advancing social progress.” A special talk was delivered by Mrs. Swathi Clinical Instructor to create awareness on disability inclusion and social responsibility. Sixty members actively participated in the programme. The session emphasized understanding the challenges faced by persons with disabilities, promoting equal opportunities, and fostering respect and empathy. Participants gained valuable insights into the importance of inclusive practices in society.



3. NATIONAL PULSE POLIO DAY

National Pulse Polio Day was observed on 10.12.2025 at Government Hospital, Tiruttani, organized by the Youth Red Cross. The awareness programme was conducted based on the WHO theme, “End Polio: Every Child, Every Vaccine, Everywhere.” An awareness speech was delivered by Ms. Savitha E and Ms. Idhaya Deepa final year students highlighting the importance of pulse polio immunization, prevention of poliomyelitis, and the role of community participation in achieving a polio-free society. Thirty-five members actively participated and benefited from the session. The programme effectively enhanced awareness about routine immunization, encouraged responsible health practices, and reinforced the collective responsibility of healthcare workers and the public in eradicating polio.



LITERARY CLUB 1.VOCABULARY CONTEST COMPETITION

The Literary Club organized a Vocabulary Contest on 10.12.2025 at the GRT CON IV Floor classroom. The competition was conducted to enhance students' language skills and vocabulary. B.ScNursing students from I, II, and III year actively participated, with a total of 30 students benefiting from the activity. The contest included challenging rounds such as synonyms and antonyms, creating a lively and engaging atmosphere that encouraged quick thinking and creativity. The winners were

Ms. Ann Mary Robin (I Year) – First place,
Ms. Aswini M. (II Year) – Second place, and
Ms. Angel Titus (I Year) – Third place.



INSTITUTION INNOVATION COUNCIL

1.NATIONAL EDUCATION DAY

National Education Day was observed on 13 December 2025 with a session on the theme “Wound Care Innovation” for II Year B.Sc.(N) students. The program was conducted by Mrs. Kerith Evanjelin J, Assistant Professor, Department of Medical-Surgical Nursing. She highlighted recent advancements and innovative approaches in wound care management, emphasizing evidence-based and patient-centered care. Modern concepts such as advanced dressing materials, innovative assessment techniques, and effective clinical decision-making were discussed. Real-life case scenarios and interactive discussions enhanced student participation. The session improved critical thinking, creativity, and practical skills, successfully motivating students to adopt innovative problem-solving approaches in clinical practice.



2. NATIONAL POLLUTION CONTROL DAY

The Institution's Innovation Council (IIC) celebrated National Pollution Control Day on 16.12.2025 by organizing a slogan writing competition for II Year B.Sc.(N) students on the theme "Air Pollution & Respiratory Diseases." The event encouraged students to creatively express ideas through impactful slogans highlighting the link between air pollution and respiratory health. Participants demonstrated critical thinking about environmental issues and the role of healthcare professionals in promoting pollution control. The activity raised awareness on preventive measures, environmental responsibility, and health promotion. Students' enthusiasm and creativity made the program engaging and informative, successfully sensitizing them to the importance of respiratory disease prevention.



Thiruttani, Tamil Nadu, India
Block - D1,grt Mahalakshmi Nagar, Chennai - Tirupati



Thiruttani, Tamil Nadu, India
Block - D1,grt Mahalakshmi Nagar, Chennai - Tirupati
Highway, Thiruttani, Tamil Nadu 631209, India

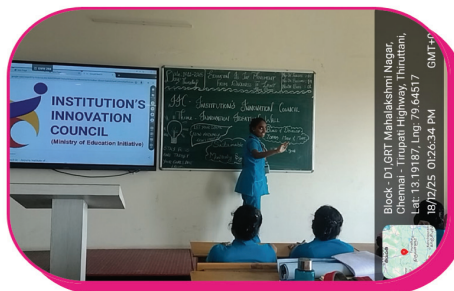
3. NATIONAL ENERGY CONSERVATION DAY

The Institution's Innovation Council (IIC) celebrated National Energy Conservation Day on 15.12.2025 with a program for B.Sc.(N) III Year students, focusing on promoting awareness about energy conservation and sustainable practices among future healthcare professionals. A key highlight was the "Green Pledge for Nurses," led by Mrs. Lavanya, Assistant Professor, through which students committed to conserving energy, protecting the environment, and adopting eco-friendly practices in both personal and professional life. The pledge emphasized nurses' role in promoting sustainability and environmental health. 60 Students actively participated, showing enthusiasm and understanding of the importance of energy conservation in healthcare settings.



4. NATIONAL ENTREPRENEURSHIP DAY

The ISO 21001 Manual Standard discussion was held in the Principal's Office with ISO Consultant Mr.Kalaiselvan, GRTCON Principal Dr.Padmavathy R, and ISO Coordinators Mrs.Nirmala, Mrs. Joyce, and Mrs.Sulochana. A detailed review of Chapters 3 to 10 was conducted, focusing on departmental activities aligned with the standards. Constructive suggestions were provided to enhance implementation and documentation. ISO Internal Audit Training was organized, where the consultant explained the evaluation process and the Internal Audit Evaluation Form in detail. The session helped participants understand audit criteria and evaluation procedures. Fourteen ISO staff members actively participated and gained valuable insights into effective audit practices.



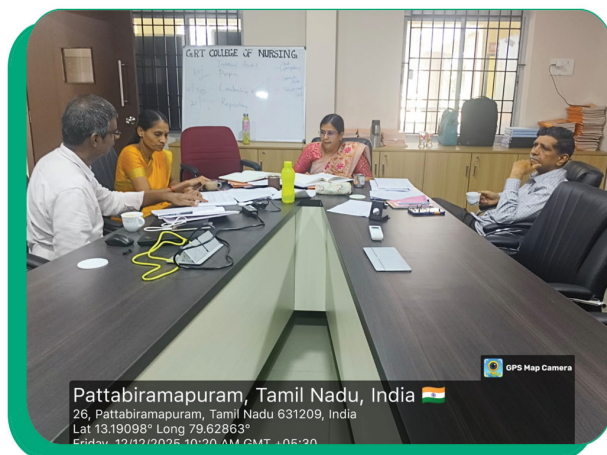
ISO 21001 1.GENERAL REVIEW MEETING - I

The ISO 21001 Committee of GRT College of Nursing conducted a General Review Meeting - I on 05.12.2025 at the IQAC Room. The programme was organized as a lecture cum discussion and was led by Mr. Kalaiselvan P., Consultant cum Trainer. Seventeen faculty members participated in the meeting. The session focused on preparation for the Stage-I External Audit under ISO 21001. Mr. Kalaiselvan provided guidance on audit readiness, documentation, and compliance requirements. EOMS coordinators discussed issues, needs, and expectations related to manual procedures. The meeting was informative and helped strengthen understanding and coordination among the core team members.



2. GENERAL REVIEW MEETING - II

The ISO 21001 Committee of GRT College of Nursing conducted a General Review Meeting II on 12.12.2025 at the IQAC Room as a lecture cum discussion session. Eight faculty members participated in the meeting. The session was guided by ISO Consultants cum Trainers Mr. Motilal and Mr. Kalaiselvan P. During the meeting, EOMS coordinators discussed key aspects including the GRT CON Manual, Management Review Meeting minutes, master list of documents and records, objective monitoring, analysis of risks and opportunities, and process performance. The discussion helped clarify documentation requirements and strengthened preparedness for effective implementation of ISO 21001 standards.



Pattabiramapuram, Tamil Nadu, India
26, Pattabiramapuram, Tamil Nadu 631209, India
Lat 13.19098° Long 79.62863°
Friday, 12/12/2025 10:20 AM GMT+05:30

3. ISO EXTERNAL AUDIT – STAGE 1

The ISO 21001 Committee of GRT College of Nursing conducted the ISO (EOMS) External Audit Stage-I on 18.12.2025, organized by TUV SUD, South Asia. The audit was carried out by Dr. Sankaran Mohan, Senior Lead Auditor, and Dr. Chandrasekhar, Technical Expert, with 16 ISO core team members participating. The audit aimed to verify EOMS manuals and procedures, infrastructure requirements, admission and regulatory compliance, and finalization of the scope statement. The audit began with a floor-wise infrastructure visit, during which several suggestions were given for laboratories, admission cell displays, and documentation. This was followed by detailed document verification covering student counseling, parent-teacher meetings, data security, external provider control, anti-ragging measures, administration, transport, examination cell, and club activities. Auditors also suggested improvements for Stage-II audit, including admission SOPs, lecture observations, and laboratory safety measures.

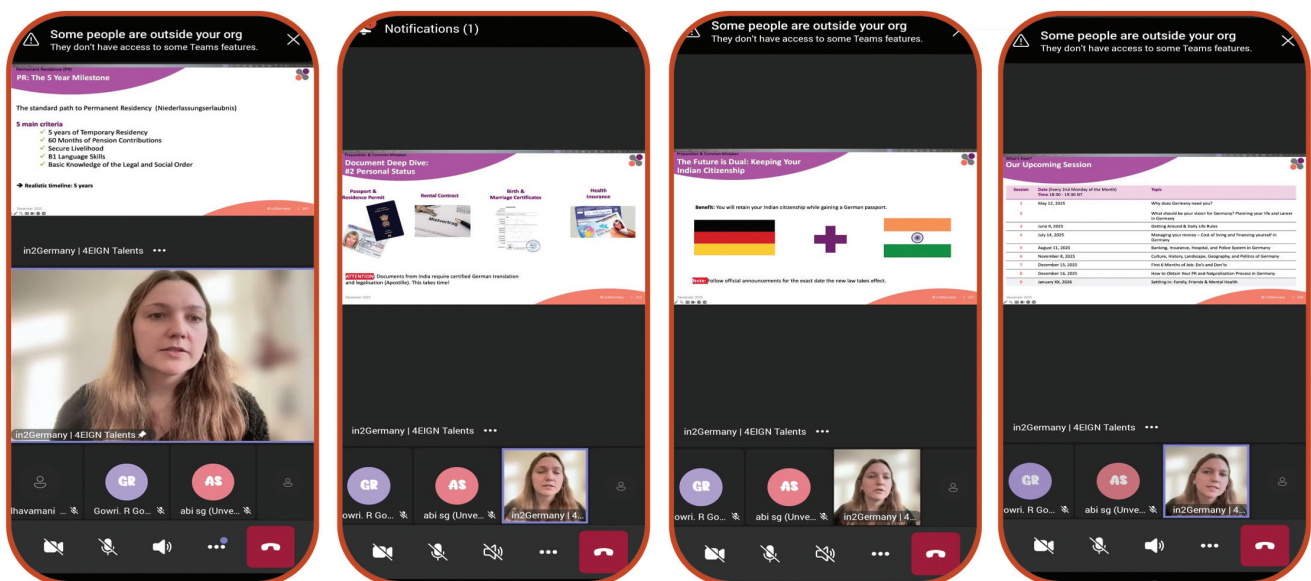


Thiruttani, Tamil Nadu, India
Block - D1, grt Mahalakshmi Nagar, Chennai - Tirupati Highway, Thiruttani, Tamil Nadu 631209, India
Lat 13.191832° Long 79.644857°
Thursday, 18/12/2025 09:45 AM GMT+05:30

GERMAN CLUB

1. SEMINAR RELATED TO JOB IN GERMANY

A seminar on “First 6 Months of Job: Dos and Don’ts in Germany and How to Get PR and Naturalization in Germany” was conducted on 15.12.2025 and 16.12.2025 via Microsoft Teams. Thirty final year B.Sc (N) students participated. The session was led by Mr. Tobias Kluck and Mrs. Franziska Wyschka from In2Germany International Ltd, with facilitation by Ms. Srishti. Under the supervision of German Club coordinators, students gained valuable insights into working culture in Germany, healthcare hierarchy, career pathways, legal boundaries, and PR processes. The seminar also provided detailed guidance on documentation, visas, insurance, and citizenship, benefiting students aspiring to work in Germany.





Pursue your passion of becoming a nurse.



GRT COLLEGE OF NURSING TIRUTTANI

Approved by : Government of Tamilnadu
Recognised by Indian Nursing Council &
The Tamil Nadu Nurses and Midwives Council
Affiliated to The Tamil Nadu Dr. M.G.R. Medical University,
Guindy, Chennai

GRT GROUP OF EDUCATIONAL INSTITUTIONS

GRT Institute of Engineering and Technology | GRT College of Education
GRT Institute of Health Inspector Training | GRT Institute of Pharmaceutical Education and Research