



GRT COLLEGE & SCHOOL OF NURSING

GRT Mahalakshmi Nagar, Chennai -Tirupathi Highway, Tiruttani-631209

NEWS LETTER UPACHAARIKA SUCHANA



Issue-18, Monthly, July 2025

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MESSAGE FROM PRINCIPAL'S DESK

I feel it as a great honor to write this message for the release of 18th issue of GRT CON News letter Upacharika Suchana which is released on 01.08.2025. I congratulate the entire team for its continuous and sustained efforts in capturing an admirable kaleidoscopic view of collaborative journey of strivings and accomplishments of students and faculty members.

Every year on July 11th, we observe World Population Day to raise awareness about the pressing issues related to population growth and its impact on health, development, and the environment. This observance serves as a timely reminder of the importance of reproductive health, family planning, and the empowerment of individuals especially women.

As a nursing institution, we play a vital role in shaping future healthcare professionals who are not only skilled in clinical practice but also committed to health education and community well-being. Nurses are at the forefront of advocating for responsible reproductive choices, maternal and child health, and accessible healthcare services.

On this day, I urge our students and faculty to actively engage in promoting awareness among communities about population control measures, the importance of spacing between births, and the benefits of small and planned families.

Let us pledge to contribute meaningfully towards building a healthier, more sustainable future through education, empathy, and proactive service.



SPOTLIGHTS

MESSAGE FROM PRINCIPAL'S DESK

NEWS AND EVENTS

DEVELOPMENTAL ACTIVITIES

• STUDENTS

• FACULTY MEMBERS

BEYOND CLASSROOM

UPCOMING EVENTS

- ◆ Breastfeeding Week (SNA)
- ◆ Literacy Week (NSS)
- ◆ SNAI TN State Level Competitions(SNA)
- ◆ Independence Day (SNA, NSS, CCC)
- ◆ World Missing Persons day (YRC)
- ◆ Geneva Convention Day (YRC)
- ◆ Empowering Nursing Students webinar series
- ◆ TANSAC Quiz competitions (RRC)

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“BE A VOICE NOT AN ECHO”





NEWS AND EVENTS

1. TAMIL NADU XXXI STATE SNAI BIENNIAL CONFERENCE-ZONAL COMPETITIONS

The SNA Unit of GRT College and School of Nursing proudly participated in the Tamil Nadu XXXI State SNAI Biennial Conference Zonal Competition 2025, held under the inspiring theme "Learning Today, Leading Tomorrow: The Journey of the Nursing Student." Competing among 20 esteemed institutions, our students showcased remarkable talent and dedication, bringing laurels to our institution with multiple accolades.

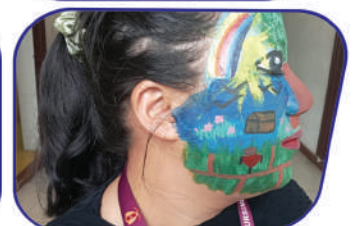
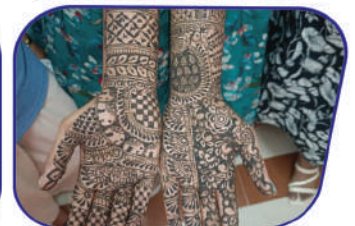
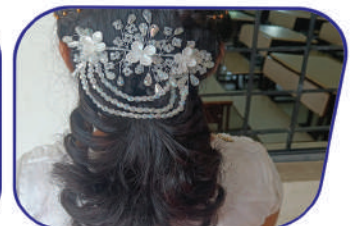
We are delighted to share that GRT College and School of Nursing was awarded the Best SNAI Unit -1st Prize, a true reflection of our commitment to excellence in student leadership and community engagement.

Individual achievements include:

- Solo Singing (1st Prize): Ms.Gouri Krishna, B.Sc (N) I Year
- Hair Do (1st Prize) :Ms.Jayasri, B.Sc (N) III Year
- Mehndi (2nd Prize) :Ms.Bharathi, B.Sc (N) IV Year
- Community Health Nursing Poster Presentation (2nd Prize): Ms.Fidha, B.Sc (N) I Year
- Comedy Time (3rd Prize): Ms.Shrutika, B.Sc (N) III Year

From our ANM School, students Ms.Sureka (II Year), Ms.Rishitha, and Ms.Vinitha (I Year) have been selected for the State-Level Competition, a proud moment indeed.

Overall, GRT secured Third Place among 20 colleges - a testament to our vibrant, dynamic student community.





CAREER FEST 2025

The GRTMV Management organized an Educational Fair on Career guidance for parents and students of Std IX- XII. The Fair focused on awareness and information on options available for alternate course of study in India and abroad. It was held on 31st July 2025, Thursday at CHENNAI TRADE CENTRE, NANDAMBAKKAM on the day of school's Quintricennial - 35th School Annual day Celebrations- REMINISCENCE from 9.00 a.m to 2.00 p.m. GRT College of Nursing actively participated and displayed nursing job opportunities worldwide and highlighted about our facilities for best nursing education



FIRST AID TRAINING

1. Tamilnadu Apex Skill Development Centre for Health care

As a district training centre of FRT for TNASDCH, GRTCON is organizing FRT training monthly twice.

S.NO.	DATE	NO. OF CANDIDATES TRAINED
1	15.07.2025	11 CANDIDATES





DEVELOPMENTAL ACTIVITIES

STUDENT DEVELOPMENTAL ACTIVITIES

1. FIRE HYDRANT MOCK DRILL

On July 02nd 2025 Fire Hydrant Mock Drill was successfully conducted at Tiruttani Government Hospital with the active participation of 24 first-year B.Sc Nursing students and first-year ANM students. The session aimed to educate and empower future healthcare professionals with essential fire safety skills. During the drill, students gained hands-on experience in operating fire extinguishers and using fire hose pumps to control heavy fires. They were also trained in the correct usage of fire alarms and the procedures to follow during a fire emergency. An enlightening and interactive session was conducted to enhance awareness and preparedness, leaving a strong impact on both students and faculty. The drill proved to be a highly beneficial learning experience, reinforcing the importance of safety measures in healthcare environments.



2. WORLD POPULATION DAY 2025 AWARENESS TALK BY STUDENTS

On July 11, 2025, 1st-year BSc Nursing students at DRH observed World Population Day with the theme "Empowering Youth, Shaping Future." The event, attended by 20 clients and 10 staff members, featured a speech and pledge conducted by Mrs. Switha, Clinical Instructor. The students highlighted the importance of population awareness and the role of youth in shaping a sustainable future.



3. MEDICAL CAMP PARTICIPATION BY STUDENTS

First-year BSc Nursing students participated in several medical camps organized by DRH unit at various locations on 9th, 10th, 15th to 17th of July 2025, including Arakkonam Railway station and Thiruvallur railway station. The students applied their nursing knowledge and practical skills, enhancing their confidence, communication, and nursing skills. The camps were well-received by the public, with a total of nearly 110 participants on different days. The students provided health education, conducted general health assessments, and interacted with patients on common seasonal illnesses. The camps offered an excellent opportunity for the students to gain hands-on experience in a real-world setting.



4. EMPOWERING NURSING STUDENTS WEBINAR SERIES

On 26th July 2025, 88 final-year B.Sc. Nursing students and faculty from GRT College of Nursing attended the TNNMC and ECHO India Web Series on "Professional Ethics and Communication." The session was delivered by Ms. Joy Kezia R., Chief Nursing Officer, Apollo Specialty Hospitals, Vanagaram, Chennai. Organized under the leadership of Prof. Dr. S. Ani Grace Kalaimathi, Registrar, TNNMC, the program enriched students' understanding of ethical practices and effective communication in professional nursing.





LIBRARY UNIT: ONLINE DIGITAL RESOURCE (EBSCO) TRAINING FOR STUDENTS

A training session on the topic “E-Consortium” was conducted on 18.07.2025 at the Final Year B.Sc (N) Classroom, Fourth Floor, GRT College of Nursing. The session was attended by 80 students from first and final year B.Sc (N) and 16 faculty members. The resource person, Mr. Periyaswamy Pradeep R., explained various online platforms such as Dynamic Health, Smart Image, BJM, and BJN, and guided the participants on how to access, download, save, and share content using the website: tnmgruconsortium.com. He highlighted that over 1800 journals and 350 books are available through the portal. The session concluded with a quiz competition, where five students were awarded gifts. The training was informative and inspired students to utilize online resources for updating their nursing knowledge. Feedback from participants was highly positive.



5. MEDICAL EXPO 2025

On July 26, 2025, 3rd-year nursing students Ms. Gowriraj and Ms. Divya Madhavan, accompanied by Vice Principal Prof. Mrs. Chitra A.I, visited the Medical Trade Fair at Chennai Trade Centre. They explored AI-based nursing systems, telemedicine tools, and portable ultrasound machines. Hands-on sessions with defibrillators, infusion pumps, and cardiac monitors enriched their clinical understanding. Workshops on infection control and digital health highlighted essential hospital protocols. The visit offered valuable insights into modern healthcare, fostering professional growth and interdisciplinary learning.



STAFF WELFARE PROGRAMME

1. Mrs. Sulochana K.A and Mrs. Lavanya Assistant Professors and Mrs.Priya Clinical Instructor, celebrated their birthday this month.
2. Our Teaching Faculty Ms.Priya had her wedding on 2nd of July 2025

BEYOND CLASSROOM

SNA ACTIVITIES

1. WORLD POPULATION DAY - 2025

Theme: "Empowering young people to create the families they want in a fair and hopeful world"
Organized by the Student Nurses Association (SNA), a rally was conducted on 11.07.2025 at DV Puram, Tiruttani. The event was actively carried out by the IV Year B.Sc Nursing students of GRT College of Nursing. The primary objective was to raise awareness among the community on key topics such as youth empowerment, reproductive rights, gender equality, and responsible family planning. Through silent expression and impactful posters, the students effectively conveyed powerful messages that resonated with the community. Community members responded positively, showing interest and engagement throughout the rally.



2. WORLD HEPATITIS DAY 2025

On July 28, 2025, the Student Nurses Association (SNA) organized World Hepatitis Day activities at AGH and DV Puram, Tiruttani. The theme "Hepatitis: Let's Break It Down" was highlighted through awareness speeches, a nutritious exhibition featuring 15 healthy dishes and a skit. BSc Nursing I and IV-year students participated, educating 50 patients and attendants. The activities were well-received with praise for the informative speeches, creative skit and nutritious exhibition. The event effectively conveyed the importance of hepatitis awareness and prevention, promoting healthy practices among the community. The students' efforts were commendable, and the event was a success.





YRC ACTIVITIES

1. WORLD POPULATION DAY – 2025

Theme: "Empowering young people to create the families they want in a fair and hopeful world"

The Youth Red Cross (YRC) unit of GRT College of Nursing organized a mime performance on 11.07.2025 at DV Puram, Tiruttani. The event was carried out by IV Year B.Sc Nursing students and witnessed active participation from the local community. The mime portrayed the importance of youth empowerment, reproductive rights, gender equality, and responsible family planning, delivering powerful messages through silent yet impactful expressions. The performance effectively captured the theme and encouraged the community to reflect on the role of young people in shaping their future families in a fair and hopeful society. The audience responded with great interest and appreciation, making the event a success



NSS ACTIVITIES

1. VAN MAHOTSAV DAY

On the occasion of Van Mahotsav Day, the NSS Unit of GRT CON organized a tree plantation drive on 07.07.2025 at GRT Ladies Hostel. The program aimed to raise awareness about the importance of trees and encourage sustainable environmental practices among students. The event began with a brief introduction on the significance of Van Mahotsav, highlighting its role in promoting ecological balance and combating climate change by Dr. ANGEL SHALINI W, NSS Programme office on 06.07.2025. Following the address, the 25 NSS volunteers enthusiastically participated in planting various saplings in and around the hostel premises.



2. DOOR-TO-DOOR SURVEY

On account of world population day on 11th July 2025 our GRT CON NSS volunteers done Door-to-Door Survey at Panapakkam village and Information regarding total number of family members, literacy levels, income sources, health conditions and access to sanitation was recorded. Volunteers also engaged with villagers to explain the significance of population control and welfare schemes.



3. KARGIL VIJAY DIWAS

Kargil Vijay Diwas was solemnly observed on 26th July 2025 by GRT CON NSS Unit to commemorate the bravery and sacrifice of Indian soldiers during the Kargil War of 1999. The event began with a brief introduction highlighting the significance of the day and the heroic efforts of our armed forces in safeguarding the nation's sovereignty. A key highlight of the observance was the Kargil Vijay Diwas pledge, where all staff and students solemnly pledged to uphold the values of unity, integrity, and patriotism. The pledge emphasized remembering the courage of our soldiers and striving to be responsible citizens of the country.



CITIZEN CONSUMER CLUB ACTIVITIES

1. WORLD POPULATION DAY – 2025

Theme: "Empowering young people to create the families they want in a fair and hopeful world" The Citizen Consumer Club of GRT College of Nursing organized a pledge-taking ceremony and rally on 11.07.2025, at Government Hospital, Arakkonam, based on the theme "Small Family – Sustainable Future." The event saw active participation from First Year B.Sc Nursing students, healthcare professionals, and the general public at AGH. The initiative aimed to raise awareness about the role of responsible family planning in achieving a sustainable future. Through the rally and pledge, participants were encouraged to understand their role in managing population growth and its impact on the environment, economy, and future generations. The program emphasized that families are not just personal choices, but stepping stones toward a healthier and more equitable world. The event successfully inspired individuals and communities to act responsibly and promote a balanced society where resources and opportunities are shared fairly.



LITERARY CLUB

ESSAY WRITING COMPETITION

The Literary Club of GRT College of Nursing organized an Essay Writing Competition on 22.07.2025 under the topic Clear Communication for Safer Care to promote awareness of the importance of clear communication in healthcare. The competition was held in two sessions-at the IV Floor Classroom and at the Hostels in Tiruttani, T. Nagar, and Royapuram. A total of 35 B.Sc Nursing students from all batches participated. The event encouraged students to explore and express their thoughts on how effective communication impacts patient safety and care outcomes



ISO 21001

1. GENERAL REVIEW MEETING - I

The ISO 21000 Committee organized a General Review Meeting on 04.07.2025. The session was led by Mr. Kalaiselvan P., ISO Consultant and Trainer, who provided valuable corrections and insights into our functional procedures and risk analysis processes. He interacted with the functional leaders and offered guidance on improving our operational practices.

GENERAL REVIEW MEETING - II

On July 26, 2025, the ISO 21000 Committee held a General Review Meeting, led by Mr. Kalaiselvan P., ISO Consultant and Trainer. The session, focused on reviewing functional procedures and risk analysis processes. Valuable corrections and insights were shared and a meaningful discussion was held with the Principal regarding the Manual policy, Mission, and Context of the Organization. The meeting's key takeaways will be compiled for future reference. The next meeting will build on the discussed inputs to drive progress.

GERMAN CLUB

1. VIRTUAL SEMINAR

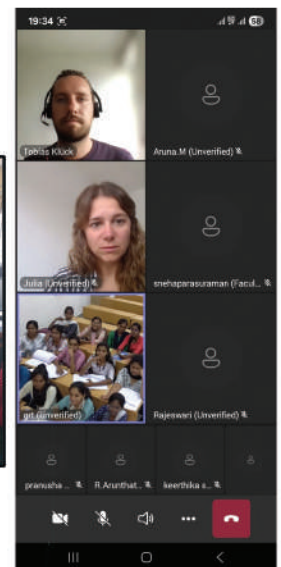
The German Club organized a virtual seminar on the topic "Managing Your Money – Cost of Living and Financing Yourself in Germany" on 14.07.2025, via Microsoft Teams. 30 Final Year B.Sc (N) students participated. The session was led by Mr. Tobias Kluck and Ms. Julie, Founders and Directors of in2Germany International Ltd, with facilitation by Ms. Srishti from Leo & Sagittarius Consulting Pvt. Ltd. The session provided valuable insights into salary structure, taxes, savings, cost of living, and budget planning in Germany.



Students gained essential knowledge on financial management abroad. Students got valuable insight and information regarding managing their income in Germany, salary, tax, savings budget planning, cost of living, financial management etc,

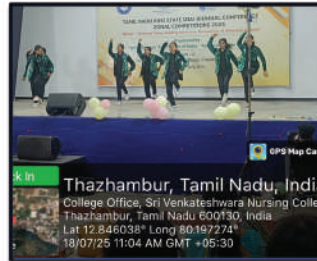
2. SEMINAR ON NURSES BRIDGE PROGRAM

On July 28, 2025, the German Club at GRTCON organized a session on the Nurses Bridge Program, a first-of-its-kind initiative in India. 30 final-year BSc Nursing students attended, gaining valuable insights from Mr. KaviLuthra, Chairman and MD of Leo & Sagittarius Consulting Pvt. Ltd. The session covered the partnership between Leo & Sagittarius Accepta GmbH and GRT college of Nursing, which paves way for GRT College of Nursing to be the examination center for German language and licensing training center.





Pursue your passion of becoming a nurse.



GRT COLLEGE OF NURSING TIRUTTANI

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