



PROFILE

NAME : **DR.PADMAVATHI. R**

AGE : **44 YEARS**

DATE OF BIRTH : **27.06.1975**

SEX : **FEMALE**

RELIGION : **HINDU**

MATRITAL STATUS : **MARRIED**

LANGUAGES : **TAMIL, ENGLISH**

ADDRESS : **NO.87/2, ORAGADAM ROAD,
S-5, JAYA LAKSHMI APARTMET
AMBATTUR, CHENNAI – 53.**

REGISTRATION NO. : **NURSE : 43285**
MIDWIFE : 49973

EDUCATIONAL QUALIFICATION

STD	SCHOOL	YEAR OF PASSING	%
X	GOVT. GIRLS HIGH SCHOOL	1991	DISTINCTION
XII	GOVT. BOYS HIGHER SECONDARY SCHOOL	1993	DISTINCTION

PROFESSIONAL QUALIFICATION

PROGRAMME	COLLEGE/UNIVERSITY	YEAR OF PASSING	%
U.G.	OMAYAL ACHI COLLEGE OF NURSING DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI	1998	1ST CLASS
POST GRADUATE DIPLOMA IN PSYCHOLOGICAL COUNSELLING AND GUIDANCE	S.R.INSTITUTE OF HUMAN RESOURCE DEVELOPMENT, CHENNAI	2000	II CLASS
CERTIFICATE COURSE IN BASIC COUNSELLING SKILLS	VALLIAMMAL INSTITUTION, GANDHI MUSEUM CAMPUS, MADURAI-625020 (SIX MONTH DISTANCE EDUCATION PROGRAMME)	2002	1ST CLASS
P.G.	OMAYAL ACHI COLLEGE OF NURSING, DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI	2003	1ST CLASS
PHD(N)	OMAYAL ACHI COLLEGE OF NURSING, DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI	2010-2013 SUBMITTED THESIS IN THE YEAR JANUARY 2014	COMPLETED VIVA VOCE IN THE YEAR JULY 2016

EXPERIENCE

POSITION	INSTITUTION	NO.OF YEAR
1. CLINICAL INSTRUCTOR	SHARMILA COLLEGE OF NURSING, CHENNAI	NOV.1998-OCT.1999
2. STAFF NURSE	APPOLLO HOSPITAL CHENNAI.	OCT. 1999-MAY2001
3. LECTURER - READER	OMAYAL ACHI COLLEGE OF NURSING, CHENNAI	APRIL 2003-JULY 2008
4. PRINCIPAL	BKR COLLEGE OF NURSING TIRUTTANI.	JULY 2008 TO AUG 2011
5.VICE PRINCIPAL	MMM COLLEGE OF NURSING	AUG 2011 TO 14.03.09
6. PRINCIPAL	GRT COLLEGE OF NURSING TIRUTTANI	15.03.2019 TO TILL DATE

CONFERENCE / SEMINAR – ATTENDED, ORGANISED, PAPER PRESENTED, TRAINING PROGRAMM ATTENDED AND RESOURCE PERSON

1. INTERNATIONAL CONFERENCE ON AIDS INDIA 2003 – PARTICIPATED. ORGANISED BY THE TAMILNADU DR.M.G.R.MEDICAL UNIVERSITY.
2. **TRAINED LECTURER IN FIRST AID** BY ST. JOHNS AMBULANCE ASSOCIATION OF INDIA
3. PARTICIPATED IN “ETHICS IN NURSING PRACTICE”, SPONSORED BY THE TAMILNADU DR.M.G.R.MEDICAL UNIVERSITY, HELD ON 21.04.2005 AT Omayal Achi Cillege of Nursing, Chennai-62.
4. **RESOURCE PERSON AT A WORKSHOP ON CONTINUOUS QUALITY IMPROVEMENT IN NURSING PRACTICE** ORGANISED BY Omayal Achi Cillege of Nursing
5. **UNDERWENT TRAINING OF TRAINERS COURSE** FOR TSUNAMI AFFECTED VICTIMS ORGANIZED INC

6. NURSING EDUCATION EXPERIENCING THE TRANSITION – PARTICIPATED AND **CO-CHAIR**ED ORGANIZED BY Omayal Achi College of Nursing held on 20 and 21 Feb. 2007.
7. “STRESS MANAGEMENT-NEED OF THE HOUR”. PARTICIPATED ON 16 Feb 2008 ORGANISED BY Omayal Achi College of Nursing.
8. **PRESENTED A PAPER** IN THE INTERNATIONAL CONFERENCE HELD AT IIT Madras on Qualitative Research organized by Omayal Achi College of Nursing in the year Jan. 2010.
9. **PUBLISHED SCIENTIFIC PAPER** AT THE NIGHTINGALE NURSING TIMES IN THE YEAR MAY 2010.
10. **PRESENTED A PAPER IN THE NATIONAL CONFERENCE ON “ISSUES AND CHALLENGES IN THE PUBLIC HEALTH NURSING”** ORGANISED BY Madras Medical Mission Hospital, Chennai 2011.
11. **PRESENTED A PAPER IN THE INTERNATIONAL CONFERENCE ON “CASE STUDY ON OBESITY”** BY Omayal Achi College of Nursing 2012.
12. **ORGANISED STATE LEVEL WORK SHOP ON “ORGAN DONATION”** AT MMM College of Nursing 2012.
13. **RESOURCE PERSON AT TRAINING PROGRAM ON RESEARCH METHODOLOGY** ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & Omayal Achi College of Nursing – SEPTEMBER 2013
14. **PRESENTED A POSTER ON CHALLENGES AND STRATEGIES IN UTILIZING RESEARCH EVIDENCE** AT INTERNATIONAL CONFERENCE ON TRANSFORMING NURSING PRACTICE THROUGH RESEARCH ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & Omayal Achi College of Nursing - JANUARY 2014
15. **PRESENTED A PAPER ON A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF Omayal Achi Community Health Centre** INTERNATIONAL CONFERENCE ON TRANSFORMING NURSING PRACTICE THROUGH RESEARCH

- ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & OMayal Achi College of Nursing - JANUARY 2014
16. ORGANIZED AND PARTICIPATED IN THE CONFERENCE ON NURSING PROCESS THE CORNER STONE OF QUALITY NURSING CARE ORGANIZED BY MMM COLLEGE OF NURSING – JANUARY 2014
 17. **ORGANIZER AND RESOURCE PERSON** IN THE CONFERENCE ON INDIAN PUBLIC HEALTH LEGISLATION SAFE ZONE FOR HEALTH CARE PROVIDERS AND CONSUMERS BY MMM COLLEGE OF NURSING – MARCH 2014
 18. **PRESENTED A POSTER** AT THE CONFERENCE ON INDIAN PUBLIC HEALTH LEGISLATION SAFE ZONE FOR HEALTH CARE PROVIDERS AND CONSUMERS BY MMM COLLEGE OF NURSING – MARCH 2014
 19. PARTICIPATED AT 25TH TNAI BINIEAL CONFERENCE ON DEVELOPING EFFECTIVE LEADERS IN NURSING TODAY AND TOMORROW FOR QUALITY PATIENT CARE ORGANIZED BY TNAI – OCTOBER 2014.
 20. PARTICIPATED IN SEMINAR ON HIV / AIDS CLARO ORGANIZED BY MMM COLLEGE OF NURSING – DECEMBER 2014.
 21. ORGANIZED AND PARTICIPATED IN SEMINAR ON HIDDEN GYAN IN PSYCHIATRIC ASSESSMENT ORGANIZED BY MMM COLLEGE OF NURSING – JANUARY 2015.
 22. **UNDERWENT TRAINING ON BASIC NEONATAL CARE AND RESUSCITATION PROGRAM PROVIDER** ORGANIZED BY IAP-NNF AND MMM COLLEGE OF NURSING - JANUARY 2015.
 23. **UNDERWENT TRAINING OF TRAINERS ON TUBERCULOSIS** UNDER THE GLOBAL FUND TO FIGHT AIDS, TUBERCULOSIS AND MALARIA (GFATM) CONDUCTED BY COLLEGE OF NURSING - CHRISTIAN MEDICAL COLLEGE, VELLORE - FEBRUARY 2015
 24. **ORGANIZER AND RESOURCE PERSON** FOR THE STATE LEVEL CONFERENCE ON MAINSTREAMING OF ‘AYUSH’ IN INDIAN PUBLIC HEALTH CARE ORGANIZED BY MMM COLLEGE OF NURSING – MARCH 2015
 25. **RESOURCE PERSON** FOR THE WORKSHOP ON FAMILY HEALTH NURSING PRACTICE ORGANISED BY OMayal Achi College of Nursing- APRIL 2015
 26. PARTICIPATED IN A WORKSHOP ON STRENGTHENING AND SURVEILLANCE ON CHILD NUTRITION ORGANISED BY MMM COLLEGE OF NURSING- JUNE 2015

27. **ORGANISER AND RESOURCE PERSON** FOR THE CNE ON WORKING TOGETHER TO ERADICATE TB ORGANISED BY MMM COLLEGE OF NURSING- JULY 2015
28. **ORGANISED** AND PARTICIPATED IN TWO DAYS WORKSHOP ON “REVIEW OF BIO STATISTICS” ORGANISED BY MMM COLLEGE OF NURSING-JULY 2015
29. **ORGANISED AND CONTRIBUTED AS A RESOURCE PERSON** IN THE STATE LEVEL WORK SHOP ON **COMMUNITY NUTRITION – PULSE OF HOME HEALTH CARE** ON 31.03.2016 AT MMM COLLEGE OF NURSING
30. **RESOURCE PERSON** AT THE 5TH TRAINING PROGRAMME ON “RESEARCH METHODOLOGY” ORGANISED BY THE ICCR, OMAYAL ACHI COLLEGE OF NURSING FROM 28.03.2016 TO 01.04.2016 ON TOOLS AND DATA COLLECTION METHODS IN QUANTITATIVE RESEARCH
31. PARTICIPATED IN NUTRIUTSAV- 2016 ORGANISED BE MMM HOSPITAL ON 2ND AND 3RD SEP 2016
32. PARTICIPATED IN 1ST MMM GENETICS MEETING 2016 –SYMPOSIUM ON “GENETICS IN OBG PRACTICE:DIAGNOSIS TO THERAPEUTICS” ORGANISED BE MMM HOSPITAL ON 10TH SEP 2016
33. PARTICIPATED IN “PATIENT SAFETY INITIATIVES IN INTENSIVE CARE UNIT ” ONE DAY CNE ORGANISED BY MMM COLLEGE OF NURSING ON 18.11.2016
34. PARTICIPATED IN “BE THE CHANGE AGENT-MENTUCATE ” ONE DAY CNE ORGANISED BY MMM COLLEGE OF NURSING ON 16.12.2016
35. **PARTICIPATED AND RESOURCE PERSON** AT 5TH SOCHNI NATIONAL CONFERENCE ON COMMUNITY HEALTH NURSING- A GLOBAL PERSPECTIVE TO INDIAN CONTEXT” ORGANISED BY SOCIETY OF COMMUNITY HEALTH NURSES OF INDIA AND OMAYAL ACHI COLLEGE OF NURSING, CHENNAI ON 2ND AND 3RD FEBRUARY 2017
36. **RESOURCE PERSON** AT A STATE LEVEL DISASTER CONFERENCE ON “COMMUNITY BASED DISASTER PREPAREDNESS” AT VIGNESH COLLEGE OF NURSING, THIRUVANNAMALAI ON MARCH 22ND 2017

37. ORGANISED NSS RURAL SPECIAL CAMP AT AYYAPPAKAM APRIL 2017
38. **ORGANISED, CHAIRED AND COCHAIR**ED SESSIONS IN FIRST NATIONAL CONFERENCE ON “COMMUNITY MENTAL HEALTH DEVELOPMENT IN THIRD MILLENNIUM” AT MMM COLLEGE OF NURSING ON 28TH AND 29TH JUNE 2017.
39. **RESOURCE PERSON** AT “OSCE/OSPE EVALUATION STRATEGIES” ORGANISED BY OMayal Achi College of Nursing in collaboration with Tamil Nadu Nurses and Midwives Council and sponsored by Govt of India at Chennai on 03.10.2017 to 09.10.17.
40. **ORGANISER AND RESOURCE PERSON** FOR THE SEMINAR ON NATIONAL HEALTH PROGRAMS ORGANISED BY MMM COLLEGE OF NURSING- JAN 2018
41. **RESOURCE PERSON** AT THE 7TH TRAINING PROGRAMME ON “RESEARCH METHODOLOGY” ORGANISED BY THE ICCR, OMayal Achi College of Nursing from 19.02.2018 to 23.02.2018 ON **RIGOR IN CONDUCTING QUANTITATIVE RESEARCH**
42. **RESOURCE PERSON** AT SIXTH STATE LEVEL CONFERENCE ON “CRISSCROSS LORE IN COMMUNITY HEALTH NURSING” AT Vignesh College of Nursing, Thiruvannamalai on March 28TH 2018
43. **ORGANISED AND PARTICIPATED** ON STATE LEVEL CONFERENCE ON “CHALLENGES AND PRIORITIES FOR PAEDIATRIC CRITICAL CARE UNIT” AT MMM COLLEGE OF NURSING ON 13.04.2018.
44. PARTICIPATED IN 3RD MMM GENETICS MEETING 2018 SYMPOSIUM ON “ADVANCES IN GENETIC DIAGNOSIS OF NEUROLOGICAL DISORDERS” ORGANISED BY MMM HOSPITAL CHENNAI ON 07.09.2019.
45. **RESOURCE PERSON** AT THE WORK SHOP ON “FAMILY HEALTH NURSING PRACTICE” ORGANISED BY THE OMayal Achi College of Nursing on 24.04.2019 ON FAMILY HEALTH CARE NURSING
46. **RESOURCE PERSON** AT THE CNE PROGRAM ON “PUBLIC HEALTH NURSING CHALLENGES” ORGANISED BY THE KMC COLLEGE OF NURSING ON 28.02.2020

RESEARCH ACTIVITIES

1. GUIDE FOR UG AND PG PROJECTS AT COLLEGE OF NURSING
2. ADVISORY COMMITTEE MEMBER FOR PHD STUDENTS

INDEPENDENT RESEARCH CONDUCTED

1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM.
2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMayal Achi Community Health Centre
3. CASE STUDY ON OBESITY
4. A STUDY TO ASSESS THE MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI
5. A CROSS SECTIONAL STUDY TO ASSESS THE PERCEPTION ABOUT NURSING PROFESSION AMONG NURSING STUDENTS OF SELECTED NURSING INSTITUTION.
6. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF SCHOOL BASED INTERVENTION ON KNOWLEDGE, PRACTICES AND BIO PHYSIOLOGICAL PARAMETERS OF NON COMMUNICABLE DISEASES (NCD'S) AMONG THE OBESE ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI(ON GOING, UNIVERSITY FUNDED PROJECT)

7. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF SELECTED INTERVENTION ON KNOWLEDGE, PRACTICES AND BIO PHYSIOLOGICAL PARAMETERS OF NON COMMUNICABLE DISEASES (NCD'S) AMONG THE OBESE ADOLESCENT GIRLS AT SELECTED INSTITUTION IN CHENNAI(**ON GOING**)

RESEARCH PAPERS PRESENTED

1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM.
2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMayal ACHI COMMUNITY HEALTH CENTRE(**PILOT STUDY**)
3. CASE STUDY ON OBESITY
4. A STUDY TO ASSESS THE MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI

RESEARCH PAPERS PUBLISHED

1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM.(**NIGHTINGALE NURSING TIME 2010**)
2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY

REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMayal ACHI COMMUNITY HEALTH CENTRE(**ICCRJNR ONLINE JOURNAL**)

3. ASSESSMENT OF MODIFIABLE RISK FACTORS OG CARDIOVASCULAR DISEASES (**TNMC JOURNAL 2017 JAN**)
4. ASSESSMENT OF PREDIABETES AMONG STAFF MEMBERS AT SELECTED INSTITUTION IN CHENNAI (**TNMC JOURNAL 2017 JUL**)
5. ASSESSMENT OF EFFECTIVENESS OF GUIDED IMAGERY THERAPY ON THE LEVEL OF TEST ANXIETY AMONG NURSING STUDENTS (**TNMC JOURNAL 2017 JUL**)
6. ASSESSMENT OF MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTRS AT SELECTED SCHOOLS, CHENNAI(**ICCRJNR ONLINE JOURNAL JULY-DEC 2017**)

VARIOUS POSITIONS HELD IN THE HOSPITAL & COLLEGE

1. INCHARGE NURSE FOR EMERGENCY WARD
2. PROGRAMME OFFICER FOR YOUTH RED CROSS UNIT
3. CO-ORDINATOR FOR UG & PG PROGRAMME
4. HOSTEL SUPERINTENDENT IN THE COLLEGE OF NURSING
5. PRINCIPAL OF COLLEGE OF NURSING
6. QUESTION PAPER SETTER, EVALUATOR FOR RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE.
7. EXAMINER FOR PG STUDENTS AT RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE.
8. EXAMINER FOR UG & PG STUDENTS AT SRI RAMACHANDRA MEDICAL COLLEGE AND RESEARCH UNIVERSITY, PORUR, CHENNAI.
9. EXAMINER FOR THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI.
10. INSPECTOR FOR TAMIL NADU NURSES AND MIDWIVES COUNCIL
11. INSPECTOR FOR THE T.N. DR. M.G.R. MEDICAL UNIVERSITY.
12. RESEARCH CO ORDINATOR AT COLLEGE OF NURSING
13. INCHARGE FOR HOSTEL AND ITS MAINTENANCES
14. VARIOUS COMMITTEE CO ORDINATOR

15. EXAMINER FOR PHD VIVA VOCE

DR.PADMAVATHI. R